



The Shoreline Soup Kitchens & Pantries 2024

Welcome! The Shoreline Soup Kitchens & Pantries is an interfaith service that provides food and fellowship to those in need and educates our community on hunger and poverty. All who attend The Shoreline Soup Kitchens & Pantries program sites will be provided with food and fellowship to the best of our abilities. More information about SSKP may be found on our website www.shorelinesoupkitchens.org.

SSKP Meal Site Locations Serving Home-style Meals

Home-style meals are provided to anyone hungry in body or spirit. No registration. You are welcome to visit as many meal sites in a week as you'd like.

Sunday 5:00pm - 6:00pm United Church of Chester 29 West Main Street, Chester
Monday 5:00pm - 6:00pm First Baptist Church in Essex 10 Prospect Street, Essex
Tuesday 5:00pm - 6:00pm St. John's Episcopal Church 23 Main Street, Essex
Wednesday Noon - 1:00pm Grace Episcopal Church 336 Main Street, Old Saybrook
Wednesday 5:00pm - 6:00pm United Methodist Church 12 Commerce Street, Clinton
Thursday 5:00pm - 6:00pm Deep River Congregational Church 1 Church Street, Deep River
Friday Noon - 1:00pm Trinity Lutheran Church 109 Main Street, Centerbrook
Friday 6:00pm - 7:00pm Westbrook Congregational Church 1166 Boston Post Road, Westbrook

SSKP Food Pantry Locations Serving Groceries

SSKP strives to provide enough groceries to feed a household member 3 meals for 3 days based on state and national guidelines. If you arrive during posted hours, you will receive groceries.

Tuesday 11:30am - 2:15pm St. Mark's Roman Catholic Church 22 McVeagh Road, Westbrook
Tuesday 2:00pm - 4:00pm First Church of Christ in Saybrook 366 Main Street, Old Saybrook
Wednesday 3:30pm - 6:00pm First Church of Christ Congregational, Clinton 55 Church Rd, Clinton
Thursday 2:30pm - 4:30pm St. John's Episcopal Church 400 Main Street, Niantic
Saturday 8:30am - 10:30am First Congregational Church of Old Lyme 2 Ferry Road, Old Lyme

Holiday and Storm Closings

A pantry or meal site may be closed depending on when a holiday falls. Some sites may close due to events at a host site. We make all attempts to stay open during inclement weather but may need to close for safety concerns. Please check the local news channels 3, 8, 30, 61, shorelinesoupkitchens.org or Shoreline Soup Kitchens & Pantries on Facebook for updates.

Other Help

There are many agencies that offer help to those in need. They can be found at www.211ct.org or by calling "211". Calling 211 can also provide information about local pantries, SNAP benefits, as well as support for other needs like shelter, crisis intervention, medical needs, and more. If you need support for mental health, call 988. CT Foodshare provides a mobile pantry. Text "**foodshare**" to **85511** for updates or check CTfoodshare.org, "Get Help", "Mobile Pantry Schedule" for the calendar. United Way of SE Connecticut also provides a mobile food truck. Text "**UWNews**" to **51555** to receive updates or visit www.uwsect.org/calendar for more details. Town residents can also call their town social service person.



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2024 Meal Site Guest FAQs

Who can go to meal sites?

Anyone hungry in body or spirit is welcome. There are no other requirements. We welcome you with fellowship, community, and home-style meals.

Do I need to bring money or identification?

No. Meals are free. All are welcome. For our food pantries, we do require identification.

Do you provide transportation?

No, we do not provide transportation.

Check the River Vally Transit bus schedule by calling 860-510-0429 or log onto their [website](#).

How many meal sites can I visit each week?

There is no limit to how many SSKP meal sites you may visit.

Are all the meal sites handicapped accessible?

Yes. If concerned about a particular site, call 860-388-1988.

Can I have seconds?

Once all the guests have been served, and no more guests are likely to arrive, seconds are usually available.

Can I take food home?

If there is food remaining at the end of the meal, leftovers will be packed by our volunteers and made available to take home.

Can my whole family go?

Yes. All are welcome.

Where does the food come from?

Meals are cooked on-site by our volunteers. Ingredients come from local food banks or are donated by community organizations and individuals.